



4425 Laurelwood Way, Sacramento, CA 95864
916-979-8378

Physical Education Rubric

Student Name: _____

CATEGORY	0	1	2	3
Variety of Activity	Student did the same aerobic activity for the entire week.	Student participated in two different aerobic activities during the week.	Student participated in three different aerobic activities during the week.	Student participated in four different aerobic activities during the week.
Frequency of Activity	Student participated in physical activity on two days during the week.	Student participated in physical activity on three days during the week.	Student participated in physical activity on four days during the week.	Student participated in physical activity on five days during the week.
Timeliness of Completed Paperwork	Student completed paperwork and brought the PE form to the lead teacher more than two weeks late.	Student completed paperwork and brought the PE form to the lead teacher between one week and two weeks late.	Student completed paperwork and brought the PE form to the lead teacher up to one week late.	Student completed paperwork and brought the PE form to the lead teacher the day it was due.
Signatures		Student made sure that all signatures and initials by parent and student were completed correctly.		

10 points possible

9-10 points = A

8 points = B

7 points = C

6 points = D